

February 2023

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday
8:30am - 4:30pm

Friday
8:30am - 1:00pm

Fitness Center

Every Day
6:00am - 7:00pm

Staff Birthdays

Joe Russo - Feb 5

**WELCOME
New Residents**

*Judy B. - Floor 3
Mike B. - Floor 3
Cristina P. - Floor 4
Elizabeth P. - Floor 4
Jeanne S. - Floor 7*

General Meeting

Tuesday, February 14th
at 2:00pm

~LOUNGE / CHANNEL 98

Office Notes

Sunday
Believers' Worship
with Paul Belfort

Sundays at 1:00pm
Community Room
& Channel 98

Sunday
Praise

with David Garcia
Prayer, Praise & Proclamation Worship

Sunday, February 12th
at 11:00am
Community Room and Channel 98

Lutheran Manor
MOVIES

Mondays at 1:00pm
Live-Streamed on Channel 98

February 6th - 'Glass Onion:
A Knives Out Mystery'

February 13th - 'Dog Gone'

February 21st - 'Your Place or Mine'

February 27th - 'A Man Called Otto'



Pastor Clark Movies

Wednesdays at 2:00pm
Live-Streamed on Channel 98

February 1st - 'Sleepless in Seattle'

February 8th - 'SonShine Ministry'

February 15th - 'The Book of Ruth'

February 22nd - 'Nights in Rodanthe'

OFFICE CLOSED
in observance of
Presidents'
Day

Monday,
February 20th

Parking Spots
During Snow

The two designated parking spots dedicated to snow removal **MUST** remain **EMPTY** during the winter months. We apologize for any inconvenience this may cause. Please refer any and all questions or concerns to the Main Office.



Movie Days

Glass Onion: A Knives Out Mystery



Tech billionaire, Miles Bron, invites his friends to his private island for a fun mystery weekend. But when someone actually turns up dead, Detective Benoit Blanc is put on the case.

(PG-13 ADULT LANGUAGE & CONTENT)

FEBRUARY 6

Dog Gone



When his beloved dog goes missing, a young man embarks on an incredible search with his parents to find him and give him life saving medication.

FEBRUARY 13

Your Place or Mine

Reese Witherspoon

Ashton Kutcher

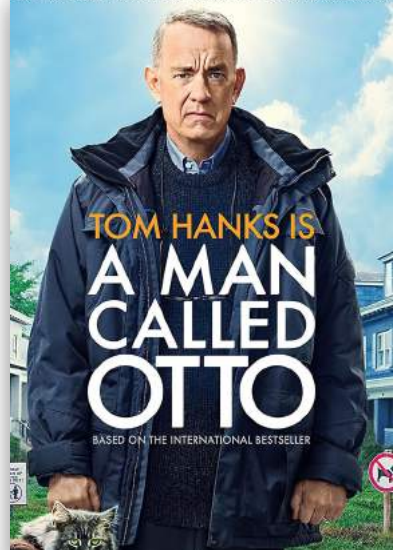


These two best friends are total opposites. She craves routine in LA, but he thrives on change in NY. When they swap houses and lives for a week they discover what they want might not be what they need.

FEBRUARY 21

A Man Called Otto

FALL IN LOVE WITH THE GRUMPIEST MAN IN AMERICA



When a lively young family moves in next door, grumpy widower, Otto Anderson meets his match in a quick-witted, pregnant woman named Marisol. Leading to an unlikely friendship his world was turned upside down

FEBRUARY 27

~All LM movies live-streamed on channel 98 every Monday at 1:00pm~

Jacinda's Jumpstart to Wellness

February is American Heart Month!

.....

We may use our hearts for love,
but it is very important to keep it healthy and happy.
Here are some tips to help prevent heart disease:

1. Get yearly checkups.
2. Quit smoking or avoid secondhand smoke.
3. Don't skip your medications!
4. Eat a balanced diet and maintain a healthy weight.
5. Move for more than 30 minutes a day such as brisk walking, climbing stairs, etc.
6. Manage stress & find immediate stress relievers.
7. Eat less salt (sodium)
8. Limit alcohol intake .
9. Track your blood pressure .



SPEAKER:

Dieting and Nutrition

Join Dietitian, Leslie Billowitch, on a presentation about how to diet properly, what the importance of a healthy diet is, weight loss, cheat days, and more!

**Wednesday, February 22nd
at 10:30am**

~ Community Room/Ch98 ~

Sign up with Jacinda today!



Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-7:00pm Daily

Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

Jacinda's Jumpstart to Wellness

Exercise Promotion

Come down to the Wellness Center and take one of our many exercise classes at the desired time listed on the exercise activity schedule. Jacinda will document your attendance for the entire month.

The resident with the most classes taken at the end of the month will receive three housekeeping appointments for FREE.

ENTERTAINMENT:

Trivia Day

JEOPARDY STYLE

Join Jacinda for an exciting and educational Trivia Day. Play one of the world's most popular trivia games, Jeopardy! You will be divided into groups to race to the finish and earn the most points by answering questions. A grand prize will be given to the winning team. Refreshments will be provided.

We must have 4 or more players to have the event!

Sign up with Jacinda today!

Friday, February 10th
at 1:30pm

Community Room



Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-7:00pm Daily

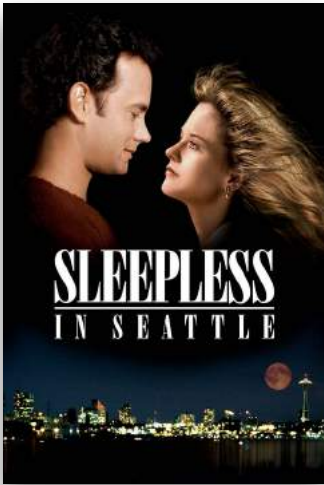
Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

From the Chaplain

February 1st

"Sleepless in Seattle"

Tom Hanks (Sam) and Meg Ryan (Annie) star in this wonderful romantic comedy about two people drawn together by destiny. A widowed father who, thanks to the wiles of his worried son, becomes a reluctant guest on a radio call-in show. He's an instant hit and thousands of female listeners deluge his home with letters of comfort. Meanwhile, inspired story writer Annie becomes convinced that it's her destiny to meet Sam. There's just two problems: Annie's engaged to someone else and Sam doesn't know they're made for each other.



Wednesday, February 8th

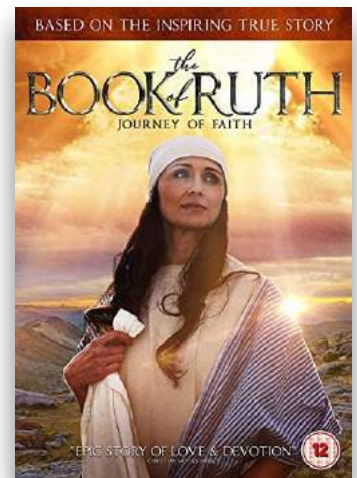
WORSHIP DVD - SONSHINE MINISTRY

CALVARY BAPTIST CHURCH, EASTON

February 15th

"The Book of Ruth"

A Biblical Cinderella story. The Book of Ruth is a triumphant love story in the face of diversity. Choosing to leave her homeland of Moab, Ruth follows her mother-in-law Naomi to Israel after the death of her husband and marries a man named Boaz, who is of the Royal House of Judah. This chain of seemingly unrelated events, sets the stage for the future kings of the nation of Israel, and the glorious coming of the Messiah.



February 22nd

"Nights in Rodanthe"

In Nights in Rodanthe, Diane Lane stars as Adrienne Willis, a woman with her life in chaos, who retreats to the tiny coastal town of Rodanthe, in the Outer Banks of North Carolina, to tend to a friend's inn. A major storm, as well as a guest named Dr. Paul Flanner, arrives. Now, with the storm closing in, the two turn to each other for comfort in one magical weekend.



PASTOR CLARK'S MOVIES PLAYING EVERY WEDNESDAY AT 2:00PM

From the Chaplain

"LOVE, LOVE, LOVE, THAT'S WHAT IT'S ALL ABOUT..."



Even though February is the shortest month of the year and often the coldest, it is filled with reminders of the wonderful gift of God's love. Love is all around in the movies, outings, speakers, resident activities and from the caring staff here at Lutheran Manor.

SCRIPTURE REMINDS US THAT "real" love (see 1 CORINTHIANS 13) COMES FROM GOD AND WE ARE TO LOVE ONE ANOTHER.

MAY YOU BE TRULY BLESSED THIS MONTH IN MANY WAYS WITH GOD'S LOVE AND ALLOW THAT LOVE TO REACH OUT TO OTHERS THROUGH YOUR LIFE.

-Living in His love, Pastor Clark

Worship in the Community Room

**WORSHIP IS LIVE AT 2 PM ON THE DATES LISTED BELOW (EXCEPT ASH WEDNESDAY AT 9:00AM)
~LIVE-STREAMED ON CH 98**

Thursday, 2/2 *SPANISH	Pastor Samuel Claudio-Christ Fellowship Church, Allentown
Thursday, 2/9	Pastor Chris Weltin-Race St Baptist Church, Catasauqua
Thursday, 2/16	Pastor Richard Nahodil-Christ EC Church, Allentown
Wednesday, 2/22 @ 9am *ASH WEDNESDAY	Chaplain Clark-'Imposition of Ashes & Prayer' *NOT LIVE-STREAMED; IN-PERSON ONLY
**Thursday 2/23	Pastor Brandon Heavener-St Mark's Lutheran, Bethlehem
Tuesday 2/28	Father Venantius Karobo-Notre Dame RC Church, Bethlehem

****Note: Holy Communion Worship (Feb 23)**

If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark.

Lutheran Manor BINGO

Lutheran Manor: **BINGO**

Wednesday, February 8th
at 1:45pm
~LOUNGE

***Sign-up Required**

**Return this completed form &
deliver to the Main Office no
later than Friday, Feb 3rd**



Lutheran Manor BINGO

Wednesday, February 8th at 1:45pm



NAME: _____

PHONE#: _____ APT#: _____

****Return this completed form to the Main Office
no later than Friday, February 3rd***

Bellezza Salon and Spa

BELLEZZA SALON & SPA

“Valentine’s Day”

Be Sweet To Your Feet & And Keep Them Healthy

“TRY A PEDICURE”

- Every 2 ½ to 3 months we would soak your feet in an antibacterial water bath which will sooth and sanitize your feet and nails.
- Your nails will be clipped & filed to a safe, comfortable length to prevent ingrown nails; if nails are kept too long, they can push against your shoes and cause damage to your toenails
- Your cuticle will be gently pushed back for healthy growth of your nails.
- Foot and leg massage will then be added, which helps to keep the blood flow with proper circulation.
- Women are then able to get a base coat, 2 applications of color, and a top coat to finish the service.
- Men will receive their nails buffed to give a healthy glow.

FREE EYEBROW WAX

- With any perm during the month of February.

WIG SERVICES

- During the month of February \$4.00 OFF

ALL RETAIL

- Buy 1 item Get 1 item 50% Off
- Buy 3 items Get 4th item FREE !!!
Now is the time to stock up on your shampoos, conditioners, hair sprays and more... If we run out of products, just place your order in this month with your stylist and we will honor the same deal

WE LOVE REFERRALS

- If you like your hair, please tell your friends and family to visit us as well. We'd love to meet them
Thank you for your patronage!

BASKET DRAWING

- Remember to enter the drawing... you might be the lucky winner!

Massage Therapy with Karen

With over 35 years of study, skills and experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body & soul in balance.

Contact Karen directly to book appointments at (610) 360-2427

Contact 610-866-6010 x209 to schedule an appointment

FEBRUARY 2023



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
5	1:00 Sunday Believers' with Paul Belfort	6	9:00 Walker's Club 11:00 Energetic Exercise 1:00 KOME Hibachi 1:00 ENTERTAINMENT: Glen Miller- One Man Band 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	7	10:00 WEIS 11:00 Everybody's Yoga with Dana 1:15 CLINIC: BP Checks 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 WEIS 3:00 Meditation	8	9:00 Walker's Club 10:30 Giacomo's Italian Market/Lunch 11:30 ZUMBA with Anna 12:30 Bible Study 1:45 LM Bingo 2:00 Pastor Movie 3:00 Meditation	9	10:00 Chat Room 11:00 Fit 4 Life 2:00 Church 2:30 Color Me Mine Pottery 3:00 Meditation- Exercise Room	10	9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:30 CLINIC: OAA Podiatry 1:30 Trivia Day - Jeopardy 2:00 Stitching with Nena	11	8:30 RA COFFEE & DONUTS 12:30 RA Pinochle
12	11:00 Sunday Praise with David Garcia 1:00 Sunday Believers' with Paul Belfort 2:00 PA Playhouse 4:00 RA Social	13	9:00 Walker's Club 11:00 Energetic Exercise 11:00 SPEAKER: Meals on Wheels 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	14	Valentine's Day 11:00 Bach at Noon 11:00 Cookie Day-Medicare 101 11:00 Everybody's Yoga with Dana 2:00 GENERAL MEETING 3:00 Meditation	15	9:00 Walker's Club 10:00 BANKS 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 Snacks/IceCream Sales 2:00 TARGET 3:00 Meditation	16	9:00 CLINIC: HealthDrive-Eye 10:00 Chat Room 10:00 Freemansburg Diner 11:00 Fit 4 Life 2:00 Church 3:00 Meditation- Exercise Room	17	9:00 Walker's Club 10:00 Meditation 10:00 WALMART 11:00 Energetic Exercise 2:00 Stitching with Nena 2:00 WALMART	18	9:00 Resident's Association BREAKFAST
				1	9:00 Walker's Club 10:00 GIANT 11:30 ZUMBA with Anna 12:30 Bible Study 1:00 GIANT 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	2	Groundhog Day 10:00 Chat Room 11:00 Fit 4 Life 12:30 Second Harvest 2:00 Church (Spanish) 3:00 Meditation- Exercise Room	3	9:00 Walker's Club 10:00 BANKS 10:00 Meditation 11:00 Energetic Exercise 2:00 Rite Aid/ CVS 2:00 Stitching with Nena	4			

Everything to Hope for & Nothing to Regret Lots of Love with Sweet Surprises

Tune into Channel 99 regularly for updates.

FEBRUARY 2023



Everything to Hope for & Nothing to Regret

Lots of Love with Sweet Surprises

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:30 Winter Winefest 1:00 Sunday Believers' with Paul Baltort	20 Presidents' Day OFFICE CLOSED 9:00 Walker's Club 6:00 RA Bingo	21 10:00 Valley Farm Market 11:00 Everybody's Yoga with Dana 1:00 MOVIE 2:00 Valley Farm Market 3:00 Meditation	22 ASH WEDNESDAY 9:00 Walker's Club 10:00 SPEAKER: Dieting 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation 4:30 Yianni's Taverna	23 10:00 Chat Room 10:00 DOLLAR TREE 11:00 Fit 4 Life with Dana 2:00 Church 2:00 DOLLAR TREE 3:00 Meditation- Exercise Room	24 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 1:00 ENTERTAINMENT: 7 Legends 2:00 Stitching with Nena	25 5:00 RA soup/holidays
26 1:00 Sunday Believers' with Paul Baltort	27 8:45 DeSales: Importance of being Earnest 9:00 Walker's Club 11:00 Energetic Exercise 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	28 11:00 Everybody's Yoga with Dana 2:00 Church 3:00 Meditation				

Tune into Channel 99 regularly for updates.

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30pm	Community Room
Chat Room	Every Thursday	10:00am	Community Room
Church	4th Tues. & Every Thurs. (1st Thurs-Spanish Service)	2:00pm	Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00pm	Community Room Channel 98
Sunday Praise with David Garcia	2nd Sunday of Every Month	11:00am	Community Room

Exercise Activities

UPDATED EXERCISE ACTIVITY SCHEDULE AS OF 2/1/23

ACTIVITY	DAY(s)	TIME	PLACE
Energetic Exercise with Jacinda	Mondays, Fridays	11:00am	Exercise Room (98)
Everybody's Yoga with Dana	Tuesdays	11:00am	Exercise Room (98)
Fit For Life with Dana	Thursdays	11:00am	Exercise Room (98)
Meditation with Jacinda	Monday-Wednesday Thursdays Fridays	3:00pm 3:00pm 10:00am	Community Room (98) Exercise Room (98) Community Room (98)
ZUMBA with Anna	Wednesdays	11:30am	Exercise Room (98)

February Activities

Lutheran Manor MOVIES	Every Monday	1:00pm	Community Rm/Ch98
Pastor Clark MOVIES	Every Wednesday	2:00pm	Community Rm/Ch98
Snacks/Ice Cream Sale	Every Wednesday	2:00pm	Lounge
RA BINGO	Every Monday	6:00pm	Lounge
RA Coffee & Donuts	Every 1st Saturday	8:30am	Lounge
RA Pinochle	Every 1st Saturday	12:30pm	Lounge
RA Shredding	Every Wednesday	2:00pm	Lounge
Stitching with Nena	Every Friday	2:00pm	Game Room
Van Trip Drop Off	Wednesday, Feb 1	9:00am	Brenda's Office
Second Harvest Food Bank	Thursday, Feb 2	12:30pm	Lounge
ENTERTAINMENT: Glen Miller	Monday, Feb 6	1:00pm	Lounge
CLINIC: Blood Pressure	Tuesday, Feb 7	1:15pm	Lounge
LM BINGO	Wednesday, Feb 8	1:45pm	Lounge
CLINIC: OAA Podiatry	Friday, Feb 10	12:30pm	Resident Apartments
EVENT: Trivia Day - Jeopardy	Friday, Feb 10	1:30pm	Community Room
RA SOCIAL	Sunday, Feb 12	4:00pm	Lounge
SPEAKER: Meals on Wheels	Monday, Feb 13	11:00am	Community Room
Valentine's Cookie Day with Kim Hook (Medicare Q&A)	Monday Feb 14	11:00am	Lounge
GENERAL MEETING	Tuesday, Feb 14	2:00pm	Lounge/Ch98
CLINIC: HealthDrive EYE	Thursday, Feb 16	9:00am	Game Room
RA Breakfast	Saturday, Feb 18	9:00am	Lounge
OFFICE CLOSED	Monday, Feb 20	All Day	President's Day
SPEAKER: Dieting & Nutrition	Wednesday, Feb 22	1:00pm	Community Rm/Ch98
ENTERTAINMENT: 7 Legends of Country	Friday, Feb 24	1:00pm	Lounge
RA Soup & Hot Dogs	Saturday, Feb 25	5:00pm	Lounge

Brenda's Bulletin

Second Harvest **FOOD BANK**

Thursday, February 2nd
at 12:30pm

MUST come down to the Lounge to collect your food box. Contact Brenda to see if you're eligible to receive a box

CLINIC:

Blood Pressure Checks

with Jacinda, Fitness Specialist

Tuesday, February 7th
1:15pm - 2:15pm

Lounge

SPEAKER:

Meals on Wheels

Providing Seniors with home-delivered meals, grocery shopping and other services with the kindness and respect that they need and deserve.

Sign up with Brenda today.

Monday, February 13th at 11:00am

Community Room

MEDICARE 101

Q & A with Kimberly Hook...

- What are the 4 parts-ABCD?
- When can I enroll or change my plan?
- Will my health affect obtaining a plan?
- What's the difference between Supplement & Advantage Plans?

Join us for some delicious Valentine's Day Cookies & book an appointment to get your questions answered!

Tuesday, Feb 14th @ 11am

~LOUNGE

RENT REBATES

Booklets are arriving!

Please **DO NOT** ask Brenda about scheduling an appointment yet as we are still coordinating with the State Rep's office in order to get the calendars ready.

You will receive an appointment request letter in your bin soon.

PLEASE BE PATIENT!

TAXES

FREEDOM FINANCIAL will be completing Taxes.

FREE tax preparation

(LUTHERAN MANOR COVERING COSTS)

*By appointment ONLY

**Reserve your spot with Brenda

Brenda's Bulletin

ENTERTAINMENT:

Glenn Miller 'One Man Band'

The sound is equivalent to a 14-piece band (custom accordions, trumpets, harmonicas, trombone, flugelhorn, baritone, ukulele, button accordion, keyboard). All styles featured are from Big Bands, Jazz, Rock, Country, Hawaiian, Italian, German, Polka as well as custom composed music for special themes. The show features clean humor, which is original and many times unrehearsed and spontaneous!

Come one, Come all to enjoy a Spectacular Show!!



Monday, February 6th at 1:00pm

Lounge and Channel 98

ENTERTAINMENT:

7 Legends of Country

Johnny Cash • George Jones • Willie Nelson
Waylon Jennings • Conway Twitty
Merle Haggard • Hank Williams

Come enjoy this amazing line up!

Friday, February 24th
at 1:00pm



Office Hours: Monday-Friday 8:30am-3pm
Brenda Pagan-Fontanez, Service Coordinator
610-866-6010 x4

March Van Trips

3/1	Wednesday	Breakfast at Chris' Family Restaurant	9:00am_____
3/3	Friday	Banks _____ <i>WRITE YOUR BANK NAME</i>	10:00am_____
3/3	Friday	Shopping at Rite Aid/ CVS Pharmacies	2:00pm_____
3/5	Sunday	Pines Theatre: 'Summer Lovin' (\$35 due by Feb7)	11:30am_____
3/6	Monday	Line Dancing at Lehigh Valley Active Life (\$5.00 entry)	12:00pm_____
3/7	Tuesday	Shopping at Weis	10:00am_____
3/7	Tuesday	Shopping at Weis	2:00pm_____
3/8	Wednesday	Shopping at LV Mall/Dinner at Bonefish Grille	3:00pm_____
3/10	Friday	Shopping at Walmart	10:00am_____
3/10	Friday	Shopping at Walmart	2:00pm_____
3/14	Tuesday	Bach at Noon at Central Moravian Church (Free)	11:10am_____
3/15	Wednesday	Banks _____ <i>WRITE YOUR BANK NAME</i>	10:00am_____
3/15	Wednesday	Shopping at Target	2:00pm_____
3/16	Thursday	DeSales University Presents: 'The Wizard of Oz' (\$9 due by Feb7)	9:00am_____
3/20	Monday	Shopping at Dollar Tree	10:00am_____
3/20	Monday	Shopping at Dollar Tree	2:00pm_____
3/21	Tuesday	Sight&Sound: 'Moses' (\$74 due by Feb10) Lunch at Casey Jones' Restaurant (not included)	9:30am_____
3/22	Wednesday	BINGO at Lehigh Valley Active Life (\$20 entry)	5:00pm_____
3/23	Thursday	Shopping at Dollar Tree	10:00am_____
3/23	Thursday	Shopping at Dollar Tree	2:00pm_____
3/27	Monday	Board and Brush *Wood Sign Shop & Lunch at Carrabba's (LM covers cost of wood shop)	10:00am_____
3/28	Tuesday	Shopping at Valley Farm Market	10:00am_____
3/28	Tuesday	Shopping at Valley Farm Market	2:00pm_____
3/29	Wednesday	Lunch at Rudy's Bar and Grill	11:30am_____
3/31	Friday	Shopping at Windcreek Outlets & Lunch	11:00am_____

Full Name: _____

Phone#: _____ Apt#: _____

Van Trip forms will be collected starting at 9:00 am on **Wednesday, 2/1*

Resident's Association

Resident's Association:

Coffee & Donuts

Come mingle with your fellow neighbors!

\$1.00 each

Saturday, February 4th at 8:30am

in the Lounge

Resident's Association:

PINOCHLE

Light Refreshments Served.

\$2.00 Per Play

Saturday, February 4th

at 12:30pm

Resident's Association:

Breakfast in the Lounge

Come mingle and enjoy 3 pancakes,
2 sausage, coffee & juice. \$3 entry.

Saturday, February 18th

at 9:00am

Resident's Association:

SOUP & HOT DOGS

Come enjoy some drinks, delicious
hot soup (\$3) and hot dogs (\$1.50)
with all the fixings.

Saturday, February 25th

at 5:00pm

in the Lounge

Resident's Association

BINGO

Come one, Come all! Enjoy the fun!

Mondays at 6:00pm

in the Lounge

Resident's Association Social

Resident's Association:

SOCIAL

Come one, Come all to enjoy the festivities

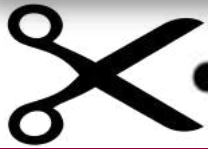
*Donations Appreciated.

Sunday, February 12th

4:00pm: Doors Open, 5:00pm: Food

6:00pm: Entertainment with Chris Eckert
~LOUNGE

*Return this completed form to the Main Office
no later than Monday, February 6th



Resident's Association Social

**Sunday, February 12th
at 4:00pm**

NAME: _____

PHONE#: _____ APT#: _____

**Return this completed form to the Main Office
no later than Monday, February 6th*

Misc. Information

EMERGENCY PULL CORDS



Pull Cords are located in the bedroom & bathroom of every apartment. When the cord is pulled, the office is notified and a staff member will conduct a wellness check.

***PULL CORDS DO NOT CONNECT TO 911**

If you are experiencing a life threatening situation, call 911 immediately.

EMERGENCY INFORMATION REPORT

Maintaining updated files on each of our residents is crucial.

Effective records management helps us follow-up with residents on issues and referrals necessary to provide better assistance all around. Having immediate access to information in an emergency situation is beneficial to residents, family, staff, and medical personnel and could **potentially save your life!**

A photograph of an "Emergency Information Report" form. The form is white with black text and is mounted on a dark background. It contains various fields for personal and medical information, including Name, Apartment, Birth Date, Age, Primary Physician, Hospital Preference, Emergency Contact, Medical Notes, and Medication/Allergies.

TO DO & RETURN BY 2/24:

~PULL THE REPORT FROM THE CABINET WHERE YOUR HOT WATER TANK IS LOCATED.

~UPDATE AND MAKE ANY NECESSARY CORRECTIONS TO THE REPORT.

~DROP OFF TO BRENDA

**Brenda will update and print you a new report so you can place back in the cabinet until next year.*

Welcome February

